



TWO BUNCH PALMS,
DESERT HOT SPRINGS, CALIFORNIA

COURTESY TWO BUNCH PALMS

HOT SPRING *Havens*

SOOTHING GETAWAYS FOR SOAKING

BY MARY BEMIS

INDIAN SPRINGS, CALISTOGA, CALIFORNIA

For more than a century, guests have been happily immersing themselves in the good-for-you thermal mineral waters at this historic resort in one of America's iconic spa towns. The property is home to California's largest outdoor naturally hot-water-fed pool that stays open until midnight, seasonally. Stay in the Lodge, the restored 1930s Mission Revival building, or in one of the cottages, originally built in the 1940s. indianspringscalistoga.com

THE GIDEON PUTNAM, SARATOGA, NEW YORK

The only hotel situated in beautiful Saratoga State Park, the Gideon Putnam is where you may experience the Roosevelt Baths & Spa—a bathhouse that opened its doors in 1935, thanks to President Franklin Roosevelt's thoughtful act to preserve the Saratoga Springs. The water here is known (and loved) for its effervescent qualities. This is old-school spa-ing at its best. gideonputnam.com

BLACKSTONE HOTSPRINGS, TRUTH OR CONSEQUENCES, NEW MEXICO

The historic spa town of Truth or Consequences is a must-visit for hot springs aficionados, and Blackstone, located downtown, is fun and funky, with a creative twist. The 10 guest rooms pay homage to bygone television shows (*The Jetsons*, *Golden Girls*, and the Babaloo Suite, to name a few), and, best of all, feature hot spring tubs for unlimited in-room soaking. blackstonehotspings.com

COTTONWOOD HOT SPRINGS, BUENA VISTA, COLORADO

"We consider this place magical," says Cathy Manning, owner and steward of the property, located in the San Isabel National Forest. "People come stressed and leave feeling peaceful and relaxed. That's what it's all about." Book one of 12 rooms in the Old West-style lodge or one of the cabins, built in the early 1900s, and enjoy some of the purest geothermal water in the States. On offer: five separate soaking areas of varying heat and lots of nature. cottonwood-hot-springs.com

LITHIA SPRINGS RESORT, ASHLAND, OREGON

You could drive right past this delightful 38-room resort, situated between a hippy hotspot called Jackson Wellsprings and a car dealership—but that would be a real shame. This is a whimsical oasis, a couple of miles from the famed Oregon Shakespeare Festival, that offers healing mineral water springs piped right into your soaking tub. Flower gardens, arbors, koi ponds, and all kinds of secret spots (plus some killer scones) only add to its allure. lithiaspringsresort.com

TWO BUNCH PALMS, DESERT HOT SPRINGS, CALIFORNIA

This carbon-neutral hot mineral spring spa resort has a very loyal fan base that keeps on coming back—and for good reason. The lithium-rich waters at this 270-acre property, simply put, make you feel great. Time seems to disappear when you're soaking in the palm-tree-lined Grotto. Add authentic mud treatments, tasty and healthy cuisine, and a yoga dome and you have the makings for a restorative and restful getaway. twobunchpalms.com

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